

SUMMARY OF SPEAKERS & THEIR TALKS

The following 13 TEDxStanleyPark speakers are in their speaking order.

1. **Andrea Menard** is an acclaimed Métis singer, actress and speaker who dissolves cultural and gender boundaries by promoting unity among all humans. Andrea is speaking about the shame-based silence that pervades women whose voices have been silenced by violence and abuse.
2. **Sarah Morgan** is an entrepreneur with an Industrial Design Masters Degree in Lighting. She is the CEO of Nano-Lit Technologies, a next generation Quantum Dot lighting company. Sarah is addressing the problem that 90% of us are sunlight-deprived and sick in unusual and often undiagnosable ways.
3. **Roger Wong** is a world-renowned advocate and educator for advancing senior care and well-being. He is a geriatrics doctor, clinical professor, Executive Associate Dean, and 13th President of Canadian Geriatrics Society. Roger is addressing the fact that most Canadian seniors are moving into care facilities prematurely and this is causing them to lose their autonomy and their community of friends and family.
4. **Zamina Mithani** is a global health and management student and the president of the Interfaith Collaboration for Kindness Foundation. She is passionate about diversity and organizing events to unite youth of different backgrounds. Zamina is speaking on the topic of racial stereotyping.
5. **Theresa Sabo** is co-chair of Patients for Patient Safety Canada and a WHO Patient Safety Champion. She suffered harm from medical errors twice and now speaks and advocates for safer healthcare. Theresa is addressing the fact that little is being done about medical error being the 3rd leading cause of death in Canada.
6. **Claire Snyman** is an author, blogger and advocate for patient and health care collaboration. She is passionate about guiding people to put their health in their own hands. Claire is spotlighting the special vulnerability of

complex medical cases that require multiple doctors to being harmed inside our healthcare system. She offers a novel solution to their plight.

7. **Jenny Zou** is an 11 year-old student who loves to draw. She believes that kids in British Columbia deserve an education in drawing because it increases their creativity and attention span. Jenny addresses the problem that the skill of drawing is under attack by budget cuts and short-sighted school administrators.
8. **Karen McGregor** is an international speaker and trainer, and founder of the Speaker Success Formula. She trains leaders to design and deliver powerful global messages and transformative live events. Karen is addressing the problem that most of us lives of apathy and imbalance and offers us a way to live rich and full lives.
9. **Mohammed Alsaleh** is a Syrian Canadian Advocate. He has worked for 3 years in the Canadian refugee resettlement sector and is the Refugee Sponsorship Trainer for British Columbia. Mohammed is spotlighting the fact that the number of global refugees is increasing by 30,000 a day and will rise to 300 million in the foreseeable future.
10. **Amy Color** is an intimacy therapy coach, international trainer and clinical supervisor. Her unique techniques repair and deepen intimacy and connection. She gives couples tools that foster physical intimacy. Amy believes that most relationships break down due to lack of physical intimacy and will offer her audience simple workarounds.
11. **Camille Mehta** is an artist, teacher, poet and mother of four. Her mission is to end the isolation of women and families who struggle with maternal mental illness. She will speak about Post-Partum Depression (PPD), how it affects millions and how shame keeps them suffering in silence.
12. **Dominic Rubino** is a father, husband and businessman. He is passionate about learning and teaching "ideas that work." As a businessman he uses tools like strategic planning, goal setting and SWOT analysis to build stronger organizations and yet it he never uses these tools to build a stronger family. Then he experimented and experienced amazing results.

13. **Victoria Welsby** is a body image activist, confidence expert and Adjunct Professor. She helps people fall in love with themselves and is dedicated to changing the way we view fat bodies. Victoria is speaking about society teaching us that being fat is bad, but what if we spent less time, money and energy on the pursuit of thinness and instead focused on the things that actually make us happy?